



# GOOD PRACTICES CATALOGUE

## Young & Competent-from school to dream job



EUROPE DIRECT  
Maramureş



EUROPE DIRECT  
Panevėžys



EUROPE DIRECT  
Szolnok

7 teams of students and teachers from Szolnok, Panevezys and Maramures presented their projects and initiatives having as main concern the development of competences and professional orientation.

**EUROPEAN  
YEAR OF  
SKILLS**

Our catalogue comprises all the good practices that were collected during our Video Contest "Young & Competent – From school to dream job". This contest was one of the activities included in the interregional campaign "ySkills – Connecting youth to the green & digital economy" organized in 2023 by Europe Direct Centre Maramureş (Romania) in partnership with Europe Direct Szolnok Centre (Hungary) and Europe Direct Centre Panevėžys (Lithuania). This year's interregional activities are dedicated to the European Year of Skills 2023 (EYS 2023).

Our interregional contest aimed to involve youth in identifying the needed competences to adjust to an ever changing employment market, raise awareness concerning the opportunities offered by EYS 2023, promote projects and actions to support the development of competences, career guidance and support team work while developing skills and competences for a green digital transition.

**These are their experiences:**

## Karcagi SZC Kunszentmárton Technical College and Vocational



Watch their video [here](#):

### Career guidance in our school

The Karcagi SZC Kunszentmárton Technical College and Vocational Training School organizes its annual career guidance day, during which students are invited to present ideas and expectations about their future career and how the school is supporting their training in the area.

## Lajos Kossuth Secondary Grammar School

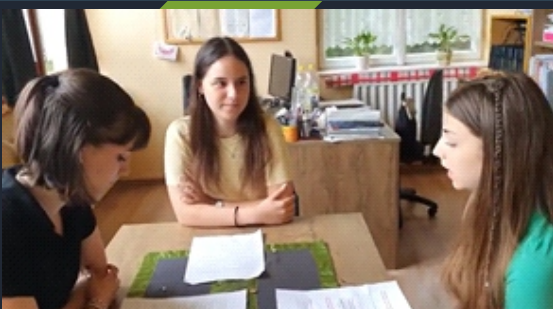


Watch their video [here](#):

### My dream job-Career exploration activities

When it comes to planning for their future, high school students can feel overwhelmed, especially in today's competitive job market. Here are a few activities we offer in our school both in and outside the classroom: Career day activities, Career-related field trips, Career path activities in English lessons and form classes, Open Doors Day, Community service, Questionnaires career aptitude tests by pedagogical professional services, Interviews with professionals, Cooperation with universities.

## Szent István" Primary and Gymnasium Sports School from Jászberény



Watch their video [here](#):

### A report on our school career guidance days

This project was conducted by Szent István Primary and Gymnasium Sports School from Jászberény presenting activities and initiatives of students during career guidance days at their school.



# Panevėžys Basic Boarding School for the Deaf & Hard of Hearing



## WHAT IS THE IMPORTANCE OF CAREER DEVELOPMENT IN SCHOOL

- Career planning is the first step to open to career success.
- Self-assessment is a key part of career planning, potentially leading to overall life success.
- Starting career planning as early as secondary education can provide clarity about persons' future, along with job safety and financial stability achieved later.

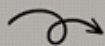
Watch their video [here](#):

## Importance of career development in school

Panevėžys Basic Boarding School for the Deaf & Hard of Hearing carried out this project with the support of the career development specialist in school. The children visited a greenhouse in Panevėžys municipality, met the green house workers who presented the modern equipment of greenhouse. During the excursion, various creative activities have been carried out and the young participants presented their achievements during a workshop held in school

## Nemunėlio Radviliškis Secondary School

### Hands-on activities

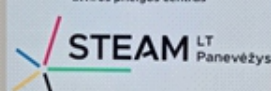


### STEAM education



STEAM stands for science, technology, engineering, arts and mathematics

Panevėžio švietimo centro padalinys  
Panevėžio regioninis STEAM  
atviras priegios centras



## Sustainable partnership for career education and guidance

Nemunėlio Radviliškis Secondary School is the only school in the small town and they are interested to create sustainable partnership for preparing youngsters for their future. Dynamic activities are organized, combining travel, interactive experiences and collaboration. The school is applying STEAM Education approach, based on Science, Technology, Engineering, the Arts and Mathematics for guiding student inquiry, dialogue, and critical thinking. The Euroguidance project "Career begins in Nemunėlio Radviliškis" was awarded by the Ministry of Education, Science and Sport of the Republic of Lithuania for promoting the career planning from an early age.

Watch their video [here](#)

Young & Competent-from school to dream job in Panevėžys

## "Emil Racoviță" Theoretical High School from Baia Mare



Watch their video [here](#)

### Skills for the Future - Skills4Future

The project implemented by "Emil Racoviță" Theoretical High School from Baia Mare is part of the European Week of Professional Skills campaign, with the aim of developing students' life skills, through skill and creativity, through communication and interrelationships, educating aesthetic taste, creating opportunities of experimental learning and the promotion of practical learning.

## "Nicolae Titulescu" Economic College from Baia Mare



Watch their video [here](#)

### From home recipes to innovative recipes

This project was carried out within the Baia Mare "Nicolae Titulescu" Economic College, in partnership with the Technical University of Cluj Napoca and the local restaurant from Baia Mare. High school students were involved in various practical activities to obtain some culinary dishes, using traditional recipes as well as some modern recipes.



# ABOUT

## EUROPEAN YEAR OF SKILLS

**Started on 9 May 2023 and  
will run for 12 months.**



- helps people get the right skills for quality jobs and supports companies in addressing skill shortages in Europe.
- ideal opportunity to learn new skills and make it work – your career, your future, your life - [with help from the EU](#)

## Tools for Skills



[The European Entrepreneurship Competence Framework \(EntreComp\)](#) is a common reference framework with 15 competences in 3 key areas that describe what it means to be entrepreneurial.

# EUROPEAN YEAR OF SKILLS



## What is ESCO?

A multilingual **classification** of European **Skills, Competences, Occupations and Qualifications**. It is available for free in 27 languages and in an open IT format.

## What is in ESCO for you?

ESCO tackles several European labour market challenges:

- > Makes it easier for **graduates** to find their way to a **first job**
- > Helps employers **find more candidates** and jobseekers get **more opportunities** in Europe
- > Can help **address skills shortages in sectors** through interoperability and occupational mobility across sectors
- > Supports employers in **managing the workforce** and provides people with insights for a **sustainable career**.

### — Level 1 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Basic general knowledge	Basic skills required to carry out simple tasks	Work or study under direct supervision in a structured context

### — Level 2 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Basic factual knowledge of a field of work or study	Basic cognitive and practical skills required to use relevant information in order to carry out tasks and to solve routine problems using simple rules and tools	Work or study under supervision with some autonomy

### — Level 3 - learning outcome

Knowledge	Skills	Responsibility and autonomy
Knowledge of facts, principles, processes and general concepts, in a field of work or study	A range of cognitive and practical skills required to accomplish tasks and solve problems by selecting and applying basic methods, tools, materials and information	Take responsibility for completion of tasks in work or study; adapt own behaviour to circumstances in solving problems

### — Level 4 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Factual and theoretical knowledge in broad contexts within a field of work or study	A range of cognitive and practical skills required to generate solutions to specific problems in a field of work or study	Exercise self-management within the guidelines of work or study contexts that are usually predictable, but are subject to change; supervise the routine work of others; taking some responsibility for the evaluation and improvement of work or study activities

### — Level 5 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Comprehensive, specialised, factual and theoretical knowledge within a field of work or study and an awareness of the boundaries of that knowledge	A comprehensive range of cognitive and practical skills required to develop creative solutions to abstract problems	Exercise management and supervision in contexts of work or study activities where there is unpredictable change; review and develop performance of self and others

### — Level 6 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Advanced knowledge of a field of work or study, involving a critical understanding of theories and principles	Advanced skills, demonstrating mastery and innovation, required to solve complex and unpredictable problems in a specialised field of work or study	Manage complex technical or professional activities or projects, taking responsibility for decision-making in unpredictable work or study contexts; take responsibility for managing professional development of individuals and groups

### — Level 7 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Highly specialised knowledge, some of which is at the forefront of knowledge in a field of work or study, as the basis for original thinking and/or research	Specialised problem-solving skills required in research and/or innovation in order to develop new knowledge and procedures and to integrate knowledge from different fields	Manage and transform work or study contexts that are complex, unpredictable and require new strategic approaches; take responsibility for contributing to professional knowledge and practice and/or for reviewing the strategic performance of teams
Critical awareness of knowledge issues in a field and at the interface between different fields		

### — Level 8 - learning outcomes

Knowledge	Skills	Responsibility and autonomy
Knowledge at the most advanced frontier of a field of work or study and at the interface between fields	The most advanced and specialised skills and techniques, including synthesis and evaluation, required to solve critical problems in research and/or innovation and to extend and redefine existing knowledge or professional practice	Demonstrate substantial authority, innovation, autonomy, scholarly and professional integrity and sustained commitment to the development of new ideas or processes at the forefront of work or study contexts including research

[European Skills/ Competences, Qualifications and Occupations \(ESCO\)](#) is the European multilingual classification of skills, competences, qualifications and occupations. It works like a dictionary, describing, identifying and classifying professional occupations and skills relevant for the EU labour market and education and training area and systematically showing the relations between those occupations and skills. It is available in an online portal where its dataset of occupations and skills can be consulted and downloaded free of charge.

[European Qualifications Framework \(EQF\)](#) is an [8-level](#) learning outcomes-based framework for all types of qualifications that serves as a translation tool between different national qualifications frameworks. This framework helps improve transparency, comparability and portability of people's qualifications and makes it possible to compare qualifications from different countries and institutions.



# EUROPEAN YEAR OF SKILLS



## Test your digital skills! Get started

You will be able to understand your digital skills better at the end of this test.

Answer the first set of questions to get a more personalised experience.

You can then start the test!

The test will take around 25 minutes.

**Dream job**

Write here your dream job

**Most recent field of education**

Select from list

**Most recent occupation held**

Write here your occupation

**Education level**

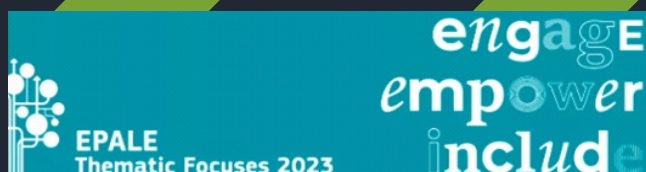
Select from list

These fields are not mandatory.

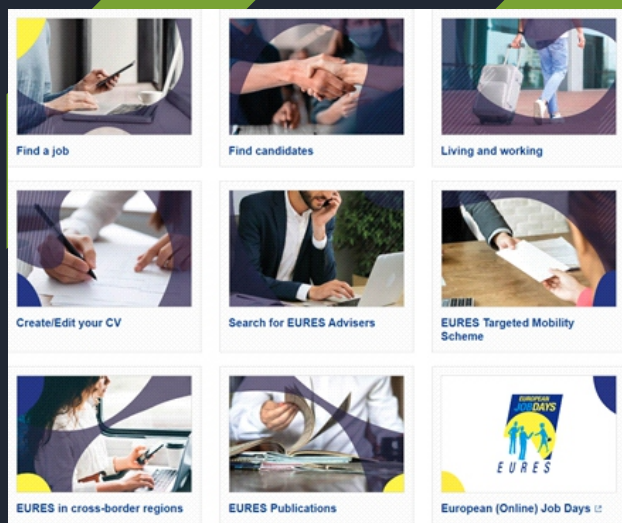
**Start test**

[Europass](#) is the European tool to manage your skills and plan your learning and your career. As a framework of online tools and information it helps people to communicate their skills, qualifications and experiences to take the next step in their career. The Europass platform [was relaunched on 1 July 2020 as one of the flagship actions of the Skills Agenda.](#)

[Test your digital skills! Get started](#)



[EPALe](#) is a European, multilingual, open membership community of adult learning professionals, including adult educators and trainers, guidance and support staff, researchers and academics, and policymakers. It enables members to connect with and learn from colleagues across Europe, through its blog posts, forums, the Partner Search tool, complemented with physical and online gatherings. It is funded by the Erasmus+ programme. It is part of the European Union's strategy to promote more and better learning opportunities for all adults.



[EURES](#) is a European cooperation network of employment services, launched in 1994 and designed to facilitate the free movement of workers. The network has always worked hard to ensure that European citizens can benefit from the same opportunities, despite language barriers, cultural differences, bureaucratic challenges, diverse employment laws and a lack of recognition of educational certificates across Europe.

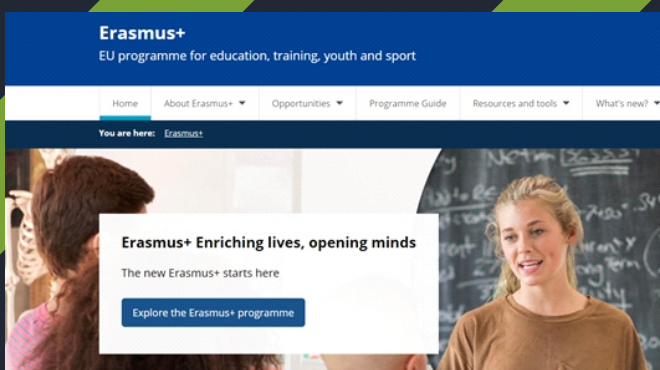
# EUROPEAN YEAR OF SKILLS



## ON THE GROUND

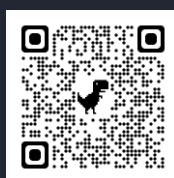
[EQAVET - European Quality Assurance in Vocational Education and Training](#) is a European wide framework to support quality assurance in VET across Europe, which emerged from the 2009 [Recommendation of the European Parliament and Council](#). It provides a framework of common principles, indicative descriptors and indicators that may help in assessing and improving the quality of VET systems and VET provision, like learning environments, different types of learning, VET awards and qualifications at all levels of the [European Qualifications Framework](#).

EU funding initiatives like the [European Social Fund Plus](#) and [Erasmus+](#) along with stakeholder initiatives like [Pact of Skills](#) are transforming lives through reskilling and upskilling. All these efforts prepare people for new opportunities that match their talents and goals. Collaboration with social partners and companies ensures that skills match individual requirements, especially during green and digital transitions. Member states are also working to attract skilled workers and close skill gaps.



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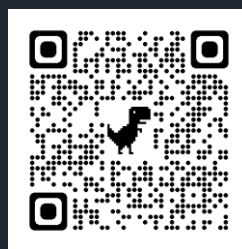
Get inspired, get involved, get skilled!



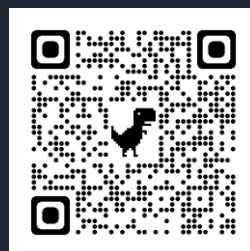




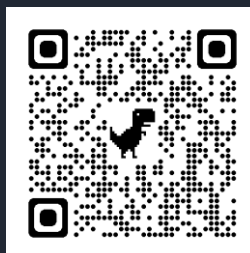
Contact Maramures County Council here:



Contact Europe Direct Maramures here:



Contact Europe Direct Panevezys here:



Contact Europe Direct Szolnok here:

